

# Year 11 PE Learning Outcomes

## Unit 1/2: Netball

Students will:

**Emerging:** Will physically exert themselves while taking part in competitive games and perform a simple role of scoring. Will be able to take part in small sided games and react to opponent's pressure with core skills.

**Developing:** Take part in physical demanding exercise. Use a sound selection of core skills and apply them against opposition. Work effectively in a small team to attack and defend with confidence showing a good knowledge of the rules. Umpire with confidence using correct terminology and instructions.

**Mastery:** Identify aspects of a good performance, recognise weaknesses and suggest how a performance could be improved. Demonstrate a good level of tactical awareness and respond to changing situations by adapting and refining their techniques. Can set up and run a match between 2 teams and score effectively.

## Unit 1/2: Badminton

Students will:

**Emerging:** Will be able to take part in small sided games and react to opponent's pressure with core skills. Will physically exert themselves while taking part in competitive games and maintained a simple scoring system.

**Developing:** Use a sound selection of core skills and apply them against opposition. Work effectively in a pairing to attack and defend with confidence showing a good knowledge of game rules. Take part in physical demanding exercise. Referee games with some confidence.

**Mastery:** Demonstrate a good level of tactical awareness and respond to changing situations by adapting and refining their techniques. Identify the main aspects of a good performance, recognise weaknesses and suggest how a performance could be improved. Can score and run a doubles or singles game independently.

## Unit 3/4: Football

Students will:

**Emerging:** Show a basic ability to control the ball and pass in reaction to pressure in a competitive small sided game.

**Developing:** Work effectively in a small team to attack and defend in adapted and refine game situations. Use core skills with some competence.

**Mastery:** Shows a sound level of tactical awareness and can easily adapt core skills and techniques to a changing environment.

## Unit 3/4: Hockey

Students will:

**Emerging:** Show a basic replication of core handling skills and will use these techniques in reaction to opponent's positioning in a small sided game. Will physically exert themselves while taking part in competitive mini versions of the game.

**Developing:** Use core skills learnt to achieve a successful outcome when taking part in competitive games. Work effectively in a small team to attack and defend. Shows an improving confidence when approaching games/related tasks. Complete physically demanding tasks and therefore improve fitness.

**Mastery:** Demonstrate a sound level of tactical awareness and respond to changing situations by adapting and refining skills and techniques. Identify the main aspects of a good performance, recognise weaknesses and suggest how a performance could be improved. Both physical and mental capacity will be challenged.

## Unit 5: Striking and Fielding

Students will:

**Emerging:** Show a basic replication of the batting and bowling skills and will use these core skills in a competitive game situation. Body preparation is slow prior to shot selection. Will physically exert themselves while taking part in competitive games.

**Developing:** Uses a range of core skills learnt to achieve a successful outcome when taking part in competitive games. Work effectively as a team and displays confidence. Will find the work physically demanding and therefore improve fitness.

**Mastery:** Demonstrate a sound level of tactical awareness and respond to changing situations by adapting and refining skills and techniques. Identify the main aspects of a good performance, recognise weaknesses and suggests how a performance could be improved. Uses both physical and mental capacity.

## Unit 5: Net/Wall Tennis

Students will:

**Emerging:** Show a basic replication of groundstrokes in reaction to opponent's shots in a game situation. Body preparation correct but slow prior to shot selection.

**Developing:** Uses a range of core groundstrokes to achieve a successful outcome when taking part in competitive games. Show confidence in playing purposeful shots that stretches oppositions. Will physically exert themselves while taking part in competitive games.

**Mastery:** Demonstrate a very good level of tactical awareness and respond to changing situations by refining groundstrokes. Identify the main aspects of a good performance, recognise weaknesses & suggest ways to improve. Extend both physical and mental capacity to achieve a personal best.